



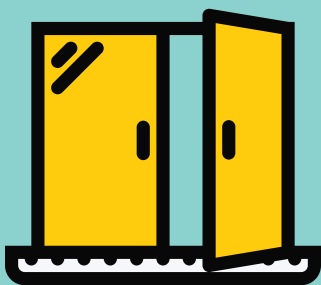
# REASONS WHY YOU SHOULD FIND A MENTOR

## INSPIRATION



Mentors are a great source for motivation and inspiration. Whether you are unsure of your next move after graduation or finding yourself in a rut in your current career, talking it out with a mentor can help you set short-term and long-term goals and get you on the right track.

## OPPORTUNITY



Mentors offer guidance in areas where the mentee may not have had the opportunity to experience or learn about. Their guidance and encouragement can help open doors for mentees by providing them with the knowledge on how to achieve their goals.

## SELF DISCOVERY



Recognizing your own faults can be difficult. A good mentor will provide you with valuable feedback and offer suggestions that enable you to improve your skills. Listening and remembering that constructive criticism is extremely beneficial is key to self-growth and professional development.

## LIFE EXPERIENCES



While education and training is essential, having a mentor in your corner who's "been there, done that" can help turn your job into a career.

## ACCOUNTABILITY



Learning to take ownership is crucial for having a successful mentor program. Short term and long-term goals should be discussed and expectations should be defined. A great mentor will count on you to produce results to help you achieve your goals.

## CHALLENGED



A great mentor wants to see you succeed and will challenge you to discover your talents and to think outside of your comfort zone.

